Eros Instructions for Use

- On the reverse side, there is a tab to open the battery cover.
- Extension tubing is also included to make the Eros even easier to use.
Preparing the Eros for Use:
1. Push the CAREss cup (B) into the receptacle in the Eros device (A).
2. Move the Power Dial (D) so it is on the lowest setting (roll the dial towards the CAREss cup).

Practice Using the Eros on the Palm of Your Hand:
1. Place the CAREss cup on the fleshy area under your thumb.
2. Turn on the device using the On/Off switch (C).
3. Practice increasing and decreasing the intensity by using the Dial (D) on the side of the Eros.
4. Practice creating pulsating sensations by turning the Dial (D) to the lowest setting. Next, place your index finger over the Port (E) for 1-2 seconds. Repeat as a tapping motion to create a pulsating sensation.

Using the Eros Device:
1. Ensure the Dial (D) is at the lowest setting (roll the dial towards the CAREss cup) and then gently open the labia majora (outer skin) to expose the clitoris.
2. Place the CAREss cup over the clitoris with the narrower part of the cup at the top of the clitoris.
3. Apply a slight pressure to obtain a seal around the clitoris.
4. Adjust the dial (D) to obtain the desired level of intensity. You can also achieve a pulsating sensation by tapping your index finger over the Port (E).
5. The device will cause the clitoris to become engorged (filled with blood). Adjust the dial, as needed, to maintain engorgement.
6. Listen to your body and stop using the Eros if you feel pain or discomfort.
**Tips for Use**

We recommend that you start slowly

- Keep the Dial (D) set at the lowest setting (roll the dial towards the CAREss cup) until you feel comfortable using the Eros and operating its controls.
- Start by using the Eros device for no more than 60 seconds at the lowest setting then rest for at least 60 seconds. This will allow your body to adjust to the device.

**Important Safety Information**

There are no known side effects when the Eros device is used properly, however:

- You may be injured if you place Eros over a wound.
- A rash, rub mark, or skin irritation may occur from overuse or misplacement of the CAREss cup.
- Misuse of the Eros device may make some already existing medical conditions worse, result in the swelling of the clitoris and/or result in serious permanent clitoral injury
- There is potential risk for bruising, hematoma, pain or permanent injury when using the device. However, these events did not occur in clinical studies.

Please take the following precautions to minimize the risk of injury when using the Eros device:

- If you feel pain or discomfort, turn the vacuum setting down. Stop using the device if pain continues to occur.
- Do not use alcohol or drugs while using Eros.
- Do not fall asleep with the Eros device on and/or against your body.
- Eros is not a birth control device.
- Eros should not be used with oil-based lubricants, or used in or near water.

**Care of the Eros Device**

- Remove the CAREss cup from the Eros device and wash the cup with warm soapy water after each use. IMPORTANT - the cup must be fully dry before it is re-inserted into the Eros device. For best results, be sure to replace the CAREss cups after 10 uses.
• The Eros device may be wiped with a damp disinfecting cloth – DO NOT get the Eros device wet or submerge it in water.

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